

# EMERGENCY PREPAREDNESS

## VEHICLE EMERGENCY KIT CHECKLIST

[emergencyoceanside.ca/emergency-kits-and-supplies](http://emergencyoceanside.ca/emergency-kits-and-supplies)

Have this kit available in your vehicle year-round. Check your kit twice a year to ensure freshness of food and water and to restock any items. Assemble supplies in a portable container and store in your vehicle

**Remember:** Try to keep your vehicle's gas tank at least half-full at all times.

**Here's a suggestion of some of the items you might wish to include:**

- Flashlight and extra batteries
- Portable cell phone charger
- Non-perishable food/energy bars
- Bottled water, plastic so it won't break if frozen
- Booster cables
- Hand sanitizer (60% alcohol). Can also be used for de-icing frozen locks
- Emergency flares
- High visibility vest
- Candle in a deep metal can and waterproof matches
- Heavy blanket/sleeping bag
- Extra clothing and footwear (seasonal)
- Work gloves
- Fire extinguisher
- First aid kit
- Shovel
- Whistle
- Spare fuel container
- Road maps
- Emergency contact numbers
- Emergency help sign for dashboard.